

Sleep DME Equipment Cleaning and Reorder Schedule

Mask Interface

- Replace every 6 months
- **Cleaning:** Wash 2-3 days with warm mild soapy water, rinse with warm running water, and let air dry on a paper towel.

Headgear

- Replace every 6 months
- **Cleaning:** Wash every 2-3 days with warm mild soapy water, rinse with warm running water, and let air dry on paper towel.
- Most headgear will fray and become ineffective at securing the mask on your face over time. Check it regularly for elasticity and wear.

Heated Humidifier Chamber

- Replace every 6 months (disposable) or 1 year (permanent, 2 piece)
- **Cleaning:** Wash every 2-3 days with warm mild soapy water, rinse with warm running water, and let air dry on paper towel.
- Over time, as your humidifier chamber heats and cools, the plastic will become less pliable and brittle. The color also changes from clear to a translucent white.

CPAP Hoses

- Replace every 6 months
- **Cleaning:** Wash every 2-3 days with warm mild soapy water, rinse with warm running water, and let air dry on paper towel.
- NOTE: Hanging the hose over the towel rack can speed the drying process for the tubing.
- Most hoses are very durable, however they can get worn, damaged by pets, pinched, and crushed. Check the hose regularly to make sure there are no breaks, as leaks will reduce the benefit you receive from CPAP.

Device Filters

- Replace every 3-6 months
- There are 2 basic types of filters, a dark gray filter (permanent) and a white cotton or fiber filter (disposable). The permanent filter can be taken out of the device regularly and cleaned (usually bi-monthly). The disposable filter needs to be changed and disposed of every 3-6 months depending on the amount of suspended debris in the air.

Chin Strap (if applicable)

- Replace every 6 months
- **Cleaning:** Wash every 2-3 days with warm mild soapy water, rinse with warm running water, and let air dry on paper towel.
- As your chin strap wears, it will become frayed and lose its elasticity letting your mouth come open during sleep, thus reducing the benefit of CPAP.

CPAP/Bi-Level Device

- Replace every 2-5 years
- **Cleaning:** Remove filter from CPAP device; Wipe entire body of CPAP device with damp cloth and let your CPAP device air dry.
- With monthly care and cleaning your device, regardless of manufacturer, should give you years of dependable service.
- Most devices have a 2 year warranty that covers manufacturing defects and blower motor malfunction.
- If your device is in need of repair contact your DME representative. We will be happy facilitate your device repair or replacement.

*Note: Always check with your insurance company for supply reorder coverage yearly.

Sleep Healers DME - (972) 506-7800